

Complete Amino Acid Mix

An unflavored, powdered mixture of essential and non-essential amino acids. A medical food.

Main Features:

- Balanced mixture of essential and non-essential amino acids
- Supplements increased protein needs in enteral formulas
- Complete Amino Acid Mix provides 4 g of protein equivalent per 5 g of powder
- Osmolality (5% w/v): 360 mOsm/kg H₂O
- Approximate displacement: 0.75 mL/g

Indications:

- Conditions in which a nutritionally complete feed is not suitable or a modular approach is required
- Conditions where an oligoallergenic diet is indicated (e.g. eosinphilic esophagitis or individuals with intolerance to milk protein or other whole protein)
- Intractable malabsorption
- · Feeding difficulties in post-operative conditions
- · Chronic intestinal diseases (e.g. Crohn's disease)
- Short bowel syndrome following intestinal resection

Ordering/Reimbursement Information:

				Calories Per Can
53341 4	19735-0133-41	B4155	6 x 200 g (7 oz)	656

WIC‡: Contact your state WIC office to determine availability.

For more reimbursement information see *Resources*.

Nutrition Information: Nutrients Per 100 g

Calories	328
Protein Equivalent, g	82
Fat, g	0
Carbohydrate, g	0
Amino Acids, g	
Alanine	3.5
-Arginine	7.66
-Aspartic Acid	6.39
Cystine	2.4
-Glutamic Acid	8.17
Glycine	6.0
Histidine	4.38
Isoleucine	5.95
-Leucine	10.2
Lysine	7.55
Methionine	1.65
-Phenylalanine	4.5
-Proline	7.0
Serine	4.29
Threonine	5.0
Tryptophan	2.0
Tyrosine	4.3
Valine	6.5
-Glutamine	0.7

Ingredients:

L-Lysine L-Glutamate, L-Leucine, L-Arginine, L-Proline, L-Valine, L-Aspartic Acid, Glycine, L-Isoleucine, L-Threonine, L-Phenylalanine, L-Histidine, L-Serine, L-Tyrosine, L-Alanine, L-Cystine, L-Tryptophan, L-Methionine, L-Glutamine, L-Glutamic Acid.

Household Measures: (all measures are unpacked)

1easure	Weight	Protein Equivalen
/2 tsp	1.4 g	1.15
tsp	2.9 g	2.38
/2 Tbsp	4.4 g	3.61
Tbsp	9.5 g	7.79

Based on standard US dry, household measurements. All measurements are level and unpacked. Household measurements are approximations only. For accuracy use a gram scale.

Precautions:

- · Use under medical supervision.
- Not for parenteral use.
- Not suitable for use as a sole source of nutrition.

Administration:

- Dosage should be determined by a doctor or dietitian and is dependent on the age, body weight and medical condition of the patient.
- The recommended feeding concentration is 5% w/v (e.g. 5 g powder to 100 mL of water).
- Complete Amino Acid Mix should be weighed on a scale that reads in grams.
- Best served as a chilled drink, mixed with water, fruit juices or other formulas.
 Complete Amino Acid Mix may also be added to soft, moist foods, such as applesauce.
- Once reconstituted, the prepared feed should be stored in a refrigerator and must not be kept longer than 24 hours from the time of preparation. Stir or shake immediately before serving.

Storage:

 Store in a cool, dry place. Once opened, use within 1 month. Always replace container lid after use.

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